

Jam Sessions

Before attending please double check – the situation changes all the time, with some folding and others starting up. Check them out before you sit in – the standard is very variable. Not all have piano or keyboards.

Mondays

Octaves, 27–29 Endell Street, Covent Garden WC2H 9BA.

8 – 10.30pm (not every week – call to check). 020-7836 4616. Adm free. Acoustic piano.
www.octave8.com

Bar Music Hall, 134 Curtain Road, Shoreditch EC2A 3AR.

8pm – midnight. Adm free. Digital piano. Run by Paolo Losi (piano) and Julian Saul (drums).
www.barmusichall.com

The Grosvenor, 17 Sidney Road, Stockwell. SW9 0TP.

9.30 – midnight (house band 8.30pm). 020-7733 1799. Stockwell tube.
Adm free. Acoustic upright piano. Run by pianist Jason Lyon. Friendly to students!

Tuesdays

The Wheatsheaf, 126 South Lambeth Road, Vauxhall SW8 1AB.

9.15 – 11.30pm (house band 8pm). Adm free. Digital piano.
Run by pianist Marcus Hill. Friendly to students!

Wednesdays

Ronnie Scotts Jazz Club (upstairs), Frith Street, W1.

10.30pm – 3am (house band at 10.30, jam from midnight). Adm free to musicians.
www.myspace.com/jamatronniesbar

The Loaded Dog, 485 High Road, Leytonstone E11 4PG.

8.30pm – midnight. Adm free. Run by singer Joanne Pooley and pianist Phil Mead.
On the corner of West Street. The nearest tube stations are Stratford and Leytonstone – then catch the 257 bus to the High Road – opposite Homebase and Holiday Music.
www.theloadeddog.co.uk

Thursday

The Amersham Arms, 388 New Cross Road, SE14.

Fortnightly? Opposite New Cross station (check if still running).
www.amjamjazz.blogspot.com

Charlie Wright's Bar, 45 Pitfield Street N1.

10pm – 4am. 020 7490 8345.

Sunday lunch/afternoon

The Jazz Cafe, Parkway, Camden NW1 (check if still running).

The King's Head (downstairs), 2 Crouch End Hill N8.

2 – 5pm. 020-8340 1028 (adm charge). Run by Laurie Morgan (drums).

The Spice of Life, 6 Moor Street, Cambridge Circus W1 (maybe not every week).

1 – 4 pm. 020-7739 3025 (adm £3). Run by Tomorrow's Warriors.

Sunday evening

The Effra, 38 Kellett Road, Brixton SW2.

8 – 11pm. Adm free. Run by vocalist Loren.
'Name' musicians often pass by.

Uncle Sam's /The Haggerston (check if still running)

438 Kingsland Road (corner of Englefield Road) E8 4AA.
Midnight – 3am. After hours jam. Run by Alan Weekes (guitar) or Brian Edwards (sax).
www.myspace.com/jazzunclesams

The Vortex Jazz Club, 11 Gillett Street, London N16 8JH.

8pm – midnight. 020-7993 3643. Monthly (1st or 2nd Sunday? - see listings or call).
Free to musicians (£3 non-musicians).
www.vortexjazz.co.uk

White Hart Pub, 89 Whitechapel High Street E1 (check if still running).

6.00 – 11.00pm Adm free. Three minutes from Aldgate East tube, near Brick Lane.
Run by Antonio Marzinotto (guitar), Brian Edwards (alto), Miles Danso (bass), Julian Saul (drums).